

Allergy History

Patient's Name: _____ Date of Birth: ____/____/____

Your answers will help determine the cause of your allergy symptoms. Please answer as accurately as possible.

	Yes	No	Don't Know
Have trouble with your skin?			
Eczema			
Hives			

Have trouble with your ears?			
Popping			
Itching			
Hearing loss			
Fluid in ears			
Infection / Pain			

Have trouble with your throat?			
Frequently sore / drainage			
Itching throat / mouth			

Have trouble with your eyes?			
Redness			
Itching			
Tearing			
Puffiness			

Have trouble with your nose?			
Clear / colorless drainage			
Thick / colored drainage			
Nasal itching / rubbing			
Constant stuffiness			
Periodic stuffiness			
Sniffles			
Sneezing			
Mouth breathing or snoring			

Have troubles with your chest?			
Wheezing with colds			
Wheezing when exposed to dust, pollen, animals, etc			
Wheeze/cough after exercise			
Cough?			
What kind?			
Deep or Productive			
Loose			
Constant			
Dry / tight			
Daytime			
Nighttime			

Are your symptoms mild?			
Moderate			
Severe			
Present most of the time			
Present part of the time			
Present rarely			
Interfering with your life			
Preventing normal activities			

	Yes	No	Don't Know
Which of the following do you think causes your symptoms OR makes them worse?			
Indoors			
Outdoors			
At home			
At work			
Morning			
Afternoon			
At night			
Weather change			
Wet weather			
Dry weather			
Windy day			
Hot day			
Cold day			
Air conditioning			
In barns			
Damp areas			
Hay, circus			
Mowing lawn			
Dusty environment			
High air pollution			
Animals			
Cooking odors			
Smoke			
Insecticides			
Paint fumes / Perfumes			
Cosmetics			
Newspapers			
Alcoholic beverages			
Beer			
Wine			
Asprin			
Foods (list):			
Drugs (list):			

During what months do you usually have symptoms?			
Spring (February - April)			
Summer (May - August)			
Fall (September - November)			
Winter (Dec - January)			

What symptoms bother you most:

When did your condition begin:

Do any of your blood relatives have allergies?			
Have you ever had skin tests for allergies?			